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## PATIENT DISCLOSURE INSTRUCTIONS

In general, the HIPAA privacy rule gives individuals the right to request a restriction on uses and disclosures of their protected health information (PHI). The individual is also provided the right to request confidential communications or that a communication of PHI be made by alternative means, such as sending correspondence to the individual's

I wish to be contacted in the following manner (check all that apply):	
☐ Home Telephone	☐ Written Communication
O.K. to leave message with detailed information	O.K. to mail to my home address
☐ Leave message with call-back number only	O.K. to mail to my work/office
☐ Work Telephone	O.K. to fax to number indicated
Other (Fax/Cell, etc.)	O.K. to text to cell phone
O.K. to email	
I allow you to give my clinical information to or answer questions from (check all that apply):	
Spouse:	
Parent:	
Child:	
Other (specify):	
None	
Patient Signature	Date
Print Name	Birth date